

Patient Disaster Preparedness



It is important to be prepared
so you can feel better and stay healthy.

Are You Prepared?

Steps to Prepare for an Emergency

- Gather and carry important medical information.
- Have a list of all your medications with you.
- Ask your dialysis provider about how to find alternative arrangements for treatment.
- Prepare an emergency stock of supplies, food, and medicines.
- Know what diet to follow if your dialysis must be delayed.

Steps to Take When an Emergency Occurs

- Ensure environment is safe.
- Stay home unless you are injured.
- Notify your dialysis facility that you are not able to come to the facility for treatment and await further instruction.
- If you cannot reach your dialysis facility, call your organization's emergency line, your local disaster agency, or your ESRD Network.
- Start to follow your emergency diet.
- Contact your water and/or electric utility companies if you are without power and water. Notify them of your special needs.

Important Phone Numbers to Carry With You

Your Dialysis Facility	_____
Organization Emergency Line	<u>1-888-777-4403</u>
Local Disaster Agency	<u>1-734-247-7325</u>
Network 11	<u>1-800-973-3773</u>

